

CEDAR BLUFF FOREVER WHITE

Lifetime Whitening Program

We pride ourselves in our patients' beautiful smiles. We also pride ourselves in knowing that our patients are maintaining the best possible oral health. We designed Cedar Bluff Forever White as a free gift for our patients that are already taking their dental health seriously and as an incentive for those who need a little extra motivation for keeping up with their dental care.

Cedar Bluff Dentistry is proud to offer this program as a gift to all our patients who prove that they are serious about their dental health and general oral health. We know that it is important to keep recommended hygiene appointments and receive necessary dental treatment to obtain and maintain a healthy and beautiful smile. An ounce of prevention truly is worth a pound of cure. Receiving regular exams and cleanings allows us to find dental problems early before they are painful. Fixing these problems when they are small often requires simple changes in habits or minor dental treatments. However, missing recommended exams and cleanings and ignoring recommended dental treatment allows these "silent" problems to worsen leading to unexpected, painful dental problems that involve costly and complex dental treatment to repair.

After determining they are a healthy candidate for home whitening during their initial comprehensive examination with Dr. Bayer, patients receive complimentary, custom-fitted, professional, whitening trays. Patients also receive two syringes of professional strength home whitening solution to begin whitening. In addition, patients receive a booster syringe of whitening every six months at their recommended periodic examination and cleaning.

The program, while absolutely free, does require some rules, restrictions and regulations. In addition, home teeth whitening does present certain inherent risks and possible side effects. Below is a brief description of program qualifiers and possible risks and side effects. Please read them carefully, feel free to ask and questions; and then electronically sign acknowledging receipt and understanding of this policy at the reception desk.

While the Cedar Bluff Forever White program is a gift for our patients, it is important that the following rules, restrictions, and regulations are followed in order to assure patient safety and promote good oral health. If any of the following qualifiers fails to be met, patients will be disqualified from the program until successfully meeting all the qualifying rules for a minimum of twelve months.

If you have any questions concerning the program, feel free to ask anyone of the Cedar Bluff Family and Cosmetic Dentistry team for assistance. Thank you.

Cedar Bluff Forever White Lifetime Whitening Program Rules and Regulations

- Must have fully erupted adult dentition and able to comply with home use (all adult teeth)
- Must complete initial examination and found to be healthy to safely whiten teeth
- Must comply with minimum required dental care as treatment planned by Dr. Bayer**
- Must not have any broken appointments
- Must not have any outstanding bills with Cedar Bluff Dentistry
- Must maintain recommended hygiene and periodic examination care (6 month appointments)
- Lost or destroyed custom whitening trays will be replaced at cost to patient

****minimum required dental care is elimination or stabilization of existing oral diseases**

Disclaimer: Cedar Bluff Dentistry has the right to refuse offer if deemed necessary based on patient health conditions, misuse, abuse, or any factor deemed necessary to void offer.

Home Whitening Risks and Side Effects

The Cedar Bluff Forever White Lifetime Whitening Program is a whitening program designed to assist patients in obtaining and maintaining a white smile. As with all teeth whitening, results will vary between patients dependant on numerous factors including and not limited to dietary habits, intrinsic teeth shade, existing dental work, dental wear, medication history, and patient compliance. Tooth whitening gel will only whiten natural teeth. It will NOT whiten bonding, crowns, bridges, fillings, veneers, or any other artificial dental work. You may desire to have existing dental work redone in order to match your new white teeth if you choose to whiten. Grayish colored teeth, often caused by tetracycline (an antibiotic) staining, are more difficult to whiten and have a varied prognosis. Areas with a chalky white appearance due to fluorosis or decalcification may become much whiter than the surrounding tooth due to whitening. Exposed root surfaces due to gum recession and exposed dentin surfaces due to wear will not whiten. Long term whitening of teeth with amalgam (silver) fillings can cause the surrounding tooth to have a greenish tinge. Whitening teeth with a translucency (see thru) appearance can cause the area to become more translucent and may give the tooth a darker appearance.

Whitening your teeth will most likely result in minor teeth and gum sensitivity. This is common in whitening gels and is not harmful to the tooth surface. In cases of increased sensitivity, reduce usage time and/ or frequency until sensitivity subsides. We recommend using toothpaste formulated to help reduce sensitivity, like Sensodyne, while whitening. We may recommend patients with cavities and/ or gingivitis to wait to whiten teeth until after this treatment is completed as it often results in increased sensitivity while whitening. In very few cases, patients may not be able to whiten their teeth with the whitening program due to sensitivity issues.

Warnings: Keep whitening gel out of the reach of children. Do NOT use if pregnant or during nursing. Do NOT smoke, drink, or eat while wearing the whitening trays. It is best to avoid teeth staining substances (cigarettes, red wine, coffee, colas) while whitening to get best results.

I acknowledge that I have read and understand the Cedar Bluff Forever White policy.

Patient Signature: _____